

# 2017 VIRGINIA AAU OPEN



## Elementary and Middle School State Championships

*Tournament of Champions Qualifier  
Would like to make a team for Elementary  
Nationals in Tennessee*

**Date: SUNDAY MARCH 5 2017**

**Location: Norview High School**

**6501 Chesapeake Blvd.**

**Norfolk, Va. 23513**

**\*\*Tournament fee is only 25.00\*\***

**(IF YOU WRESTLE BOTH TOURNAMENTS AND PAID, YOU  
WILL RECEIVE \$10.00 BACK )**

**Weigh In Locations:**

**First Colonial HS/NORVIEW HS(5-7pm) ELEM AND MS**

**FRIDAY 3<sup>RD</sup>. Peninsula sites: Poquoson and**

**Smithfield AND outside of Tidewater if you want to**

**be a weigh in site you must call Rodney Grainger and we will set it up.**

**(757) 286-7982 (vaaauwrestling@aol.com)**

**Weigh-ins will be completed in a singlet. 1 lb. weight allowance will be given for Elementary. Middle School will get 3lbs.**

**Proof of age is required at weigh-in. Bring a copy of a current report card, military id or a birth certificate to weigh-ins. Do not bring the original.**

## **Registration (OPENING SOON)**

**\*\*Online registration closes at 11 pm March 2<sup>rd</sup> 2017.\*\***

**\*\*ABSOLUTELY NO Sunday morning Walk ins.\*\***

**Times: K - 5th grade, 1-1-1 and Middle School, 2-1-1, \*\* Laces must be secured (mandatory) \*\***

**\*\* If you wear braces, a mouth guard (Mandatory) \*\***

**\*\* Headgear (mandatory) \*\***

## **Weight Classes:**

### **K-1 weight classes:**

**40, 45, 50, 55, 60, 65, 70, and Hwt (ALL K-1 WILL medal)**

### **2-3 grade weight classes:**

**40, 45, 50, 55, 60, 65, 70, 75, 80, 85, and Hwt**

### **4<sup>th</sup> & 5<sup>th</sup> grade**

**60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 140, Hwt**

### **Middle School Weight Classes**

**65, 71, 77, 84, 91, 98, 105, 112, 119, 126, 132, 138, 145, 155, 165, 175, 185, Hwt.**

**Start time for Sunday, Elementary is 9:00 am and Middle School at 1pm.**

**Format: Double elimination or round robins (for brackets 5 or less it will be round robin, 6 or more will be double elimination brackets).**

**Awards: 1<sup>st</sup> place will receive a custom wrestler trophy, 2<sup>nd</sup>-6<sup>th</sup> get a custom medal.**

**One outstanding wrestler from each division (a total of 4) will be chosen.**

**Insurance:** You must have an AAU card to participate in this tournament. The cards may be purchased online at [www.aausports.org](http://www.aausports.org) Please bring a copy to weigh-ins or have your assigned AAU member number. Athlete cards are \$14 and coaches card are \$16

**Team Fees:** Register your team for the Team Trophy. The fee to register your team is \$20 per team. Team rosters must be turned in at weigh-ins with scorers identified. Team members must be from your club, no Super Star stacking of teams. **\*\*Remember if your 12 man team wins the team trophy, the next year that team will get 12 wrestlers in free next year\*\***

**Tournament Directors:** Rodney Grainger at 757-286-7982 or Darlene Grainger (vaaauwrestling@aol.com)

**Coaches Information:** Coaches will be admitted for free with current AAU card. You must **show** card at the door to get into the event For free. NO EXCEPTIONS

**Spectator Admission:** \$5.00 for spectators 12 and older. Kids under 11 are admitted free.

Sportswear and custom T-shirts will available for purchase all day long

Concessions will be available all day

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site  
[www.aausports.org](http://www.aausports.org) to obtain their membership.